

AIRE VALLEY MAG

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

December 2023 / January 2024



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LIGHTS, LAUGHTER, AND LOCAL LIVING:
CELEBRATE THE SEASON WITH US

Dear Aire Valley Mag readers,



As the editor of this magazine, I extend warm seasonal wishes to you in this combined December and January edition.

Liz Barker, Editor
With over 15 years of history, Aire Valley Mag has been a constant companion in the lives of local residents. Having lived in this beautiful area for over thirty years, raising a family and actively participating in local life, I've witnessed the growth, resilience, and unity that define us. We've been through a lot together!

In an era dominated by digital noise and virtual connections, our magazine stands tall as a beacon of authenticity and trust. We're more than just pages filled with advertisements; we reflect the heartbeat of the Aire Valley and the individuals who contribute to our community. As we navigate the ever changing modern landscape, it's crucial to recognize the profound impact of local businesses, tradespeople, independent retailers, and community organisations; over one hundred entities are represented in these pages. Join me and extend your support to the local butchers, bakers, and artisans who make the Aire Valley truly unique.

May I be so bold as to address the elephant in the room – the potential drawbacks of excessive screen time. The constant scroll, the lure of algorithms, and the impact on mental health are real concerns. We can all benefit from switching off, stepping outside, and enjoying tangible, real-time experiences, including getting out and about, meeting face to face.

As we bid farewell to the old year and welcome the new, let's embrace the hope and promise 2024 brings. Our goal is to cultivate a warm-hearted spirit, one that values genuine connections over digital substitutes. Use the magazine as a portal to discover local events, and immerse yourself in the fabulous world that is, the Aire Valley.

May this season bring you joy, warmth, and peace, and may the coming year be filled with hope, good health and prosperity for us all.

Happy Christmas!

Warm regards from the whole team at Aire Valley Mag.



Christmas Treecycling

We'll collect your real Christmas tree from your home and recycle it, in return for a suggested donation.

Register your tree by **5th January 2024**, at sue Ryder.org/daletrees

We'll be collecting from 6th to 15th January 2024 from the following postcodes: BD13, BD14, BD15, BD16, BD17, BD18, BD20, BD21, BD22, BD23, BD24, LS29, HX2, HX3, HX7

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We are delighted to be holding a new 'drop-in' session on Thursday evenings. The session is open to anyone of any age. Free for members and a charge for non-members.

What's on offer?
Table Tennis 'drop-in' session open to ALL!

When?
Every Thursday at Keighley Table Tennis Centre.

Time?
5:30pm - 7pm

How much?
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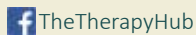
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Ho ho ho! Yes, it's finally acceptable to wish you all the best for the festive season. Well, I'm not actually sure that's strictly true, but the grandchildren are getting close to fever pitch as the string of Christmas TV ads get released, and the shops are full of tinsel and other seasonal goodies. It's also time for the period of having special treats in the kitchen cupboard that are not for consumption until the big day... the other big thing is that the Elf Express season is here, so we've had our first groups of festive revellers enjoying meeting Santa with his Pixies and Elves on our Christmas special trains. They are all pretty much sold out, but you can check the website for any cancellations that result in late availability. However, the festive fun continues on board until New Year's Day because we run our 'Mince Pie Specials' from Boxing Day right through to New Year's Day, when you can enjoy all the decorated carriages and stations, and a complimentary Mince Pie. Full details are on the website.

After the last train departs Keighley on 1st January, we will be closing the line to passenger trains between Keighley and Ingrow as we hand the site over to Network Rail, who are undertaking significant refurbishment work across the station. During the period of our part of the station being closed, we will be running trains between Ingrow and Oxenhope and providing a shuttle 'bus service from Keighley. Do check the National Rail website for full details, but there are currently no plans for the work to affect the main line between Leeds and Skipton.

~ **Matt Stroh**

Keighley & Worth Valley Railway Chairman

DATES FOR YOUR DIARY

Upcoming events at The Keighley & Worth Valley Railway.

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As social media fragments and algorithms unexpectedly change, traditional print media from well established and trusted sources is a proven way to reach local audiences. The Aire Valley Mag covers Keighley, Silsden, Steeton, Crosshills, Sutton in Craven and more, while the Worth Valley Mag serves Haworth, Lees, Oakworth, Oxenhope, and beyond; reaching over 20,000 homes and businesses locally, the largest Free magazine of its kind.

Your Ultimate Local Guide

Our magazines are essential resources for residents and visitors, showcasing local shops, services, products, and leisure attractions. They include a local business directory, articles, special features, useful contact numbers, puzzles, an events diary, and community pages - local, local, and more local!

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By joining us, you become connected to the local community. You get a full month of offline and online exposure.

Support Local Growth

We are passionate about supporting the economic growth of the Aire & Worth valleys, keeping trade local and vibrant.

For more information, please contact Liz Barker, or Joanne Ingham at
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Email: info@worthvalleymag.co.uk.

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Discover your SMILE again



Who are we?

Our Keighley Denture Expert is Matthew Varley (Dip CDT RCS)

Matthew Varley is the partner and Managing Director of My Denture Clinics, here he works as a Clinical Dental Technician (Dip CDT RCS).

Matt was born and raised in Pudsey, where he met his wife Angela Varley at school. They have 2 sons; Ray and Austin, he hopes one day they will follow him into the dental profession and share in his passion for dentistry.

Within his 23 years of experience, Matt has changed the lives and smiles of many, some of which are during one day implant immediate loading cases, and same day smiles, which he specialises in. The regular accolades received from clients and patients alike are testament to his passion for his work. Matt has a keen eye for detail and endeavours to provide the best care possible. Matthew completed his dental technology qualification at Leeds Dental Institute, he finished first in his class achieving distinctions throughout and was awarded overall best student and the acclaimed technical achievement award.

Matthew Varley started his journey as a Registered Dental Technician (RDT), however after 23 years experience working as a RDT in highly acclaimed laboratories, Matt made the decision in 2018 to set up his own business alongside fellow business partner Joseph O'Reilly.

Matt also returned to university to further his dental knowledge and become a Clinical Dental Technician, receiving the prestigious royal college of surgeons (Dip CDT RCS).

How can we help you?

Technology has moved on massively over the last few years as far as dentures are concerned. The fact is, **you don't have to suffer badly designed or ill fitting dentures anymore.**

However, replacing your teeth is more than trusting someone with your smile. Your appearance and the way people perceive you is also at stake.

Matt creates dentures which can offer the dual effect of restoring your smile and correcting the proportions of your face.

He can add volume to your lower face and upper lip region to achieve a more natural, youthful look. Everyone is different, so your dentures are influenced by your age, personality and gender to ensure they look perfectly natural. Matt will discuss your individual needs and the best choices available before providing you with the information you require to determine what is right for you.

The smallest alteration can make the biggest change and Matt is committed to providing the highest level of care, quality materials and the latest digital technology to achieve the best results for you.

Matt's ambition is also his craft, creating lifelike smiles through dentures and implant supported prosthesis.

Everybody has the right to smile!

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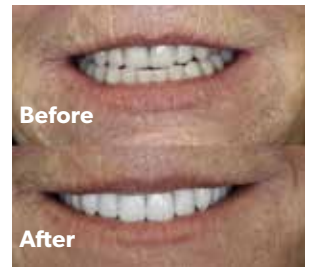


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Sudoku

7	9						
	6			8		4	
				5	3	7	6
8		9	3			1	
	4			5	6		9
1	2	8	7				
5		7			1		
					2		7

			6		2		9
5			1			8	
4	3						
		9	6	3		5	
6							3
	5	4	8		7		
						9	8
	7		3				1
1	4			6			

			5			4	
	1					7	6
	2		6	8			
3	5	7					
	4					1	
					7	6	2
			9	2		4	
5	8					9	
		2		3			

	5			4	3		
3			1				
1				8			
	8			6	7		5
		1	9		4		
9	5	4				1	
			8				2
			4				8
		9	5				3

Where in the Aire Valley? COMPETITION

Where is the **red x** located in the photo to the right?

This month's prize is donated by Keighley Picture House:
Family ticket

Email your answer including your name & address to:

mail@worthvalleymag.co.uk

The winner will be selected from all correct answers received by 15 Jan 2024.



Last month's competition location was East Morton Community Shop and the winner was Claire Harry from East Morton.

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COMMUNITY PAGES

Every Monday to Friday Dementia Friendly Keighley

10am – 4 pm Open for drop-in anytime for coffee and chat for people living with dementia and their carers and families. 6 College Walk, Airedale Shopping Centre, Keighley.

Every Tuesday Dementia Friendly Keighley 10am – 12.30 pm Games

Morning, for people/carers living with dementia Airedale Shopping Centre, Keighley. Call Helen on 01535 602529

Every Wednesday Dementia Friendly Keighley 1.30 pm – 3.30 pm Peer Support Coffee Club

for people/carers living with dementia Airedale Shopping Centre, Keighley.

Every Thursday Dementia Friendly Keighley 1.30 pm – 3.30 pm Crafty Friends

creative session, Airedale Shopping Centre, Keighley. Call Helen on 01535 602529

Every first Friday of the month Dementia Friendly Keighley 2 pm – 3.30 pm

The Singing Teapot, a singing group for people/carers living with dementia, Airedale Shopping Centre, Keighley.

Every second Saturday of a month 10 - 1pm Riddlesden Green Connection Community Cafe

St Mary's Meeting Room, Banks Lane BD20 5PA. Eco liquid refills, book swap and cafe every time.

The Shed Cliffe Castle every

Tues, Weds & Thurs 10am - 4pm.

Morton WI every second

Tuesday evening each month.

Social evening with refreshments at **The Institute in East**

Morton 7:20 pm.



Every Tuesday 7 - 9pm Men's Peer Support Group

Free Safe & Friendly environment for men to share, chat & laugh. Airedale Enterprise Services, Sunderland Street, Keighley, BD21 5LE

Every Wednesday 10 - 12 Coffee Morning at Laycock Village Hall.

Every Weds 1 - 2.30pm Ladies Dance Exercise

at the Civic Centre, Keighley. Meet new friends & Keep Fit

Every Weds Morton Meet and Tiny feet café 2.15-4.15 pm (term time)

in the Morton Memorial Village Institute. Anyone wishing to help volunteer, contact Helen at hells62@live.co.uk

Every Weds 1pm - 3pm Knit & Knatter

at Keighley Library All Welcome.

Mondays 1 - 3pm Keighley Tea

Dance at the Civic Hall

Every Thursday from 1.30pm Time For Me Bereavement Support Group

meet at The Three Horses, Fell Lane, Keighley, BD22 6BZ. A mutual support group for those who have lost someone dear, recently or a long time ago. Further info contact helen.timeforme@gmail.com

Every Thursday 10am - 11.45am Games Cafe

at KHL, Scott Street, Keighley. No booking required everyone welcome.

Thursday & Fridays 10.30am to 3 pm The Downstairs Drop-In

at The Civic Centre, Keighley. A great place to meet new people, play board games or dabble in arts & crafts.



Keighley 3rd Age Group

Meet at Action Point (formerly Temple Row Centre) at 10am. Free Refreshments. Contact David Boddy 07976799527 email: d.r.boddy@btinternet.com.

The Bradford Chorale are interested in inviting new singers to come and join a friendly and experienced choir. **Meet at 7.30pm on Tuesday evenings** at Northcliffe Bradford Road Shipley.

If you wish to join us please e-mail e.f.bennett@btinternet.com or lynnedennison@btinternet.com

Sat 2nd & Sun 3rd Dec East Riddlesden Hall Christmas Markets 11am - 3pm

Sat 2nd Dec East Riddlesden Hall 1pm - 2pm Carols in the Barn

Dec 4th - 9th 7.30 pm Dead of Night (Thriller by Peter Whalley)

Keighley Play House, Devonshire Street, Keighley

Weds 6th Dec 6pm East Riddlesden Hall

Suer Ryder Celebrate a Life Aire Valley Remember & Celebrate someone special.

Thurs 7th & 21st Dec Late Night Shopping in Haworth until 8pm

Sat 9th, 16th 23rd Dec & Sun 10th 17th & 24th Dec Santas Grotto at Airedale Shopping Centre.

Sat 9th Dec 12 - 3pm Christmas Bandstand Concert

at Roberts Park Saltaire
Sat 9th Dec 2pm Christmas Concert with The Haworth Brass Band at Riddlesden United Reformed Church £8 tickets (Repair our Roof Appeal).



Sun 17th Dec "Christmas is coming" 7.5 miles, moderate. Meet

10.30, Ball Grove Nature Reserve, Lakeside cafe car park off A6068.

www.ramblers.org.uk/keighley

Weds 20th Dec 11am Guided Walk

Winter Solstice at Druids Alter. Meet outside Keighley Railway Station. Linear Walk up to Druids Alter then to Bingley via St Ives. 6 miles approx 3 hours (difficult walk) bring a packed lunch.

Sat 23rd & Sun 24 Dec 1pm Haworth's Nativity Parade

There will be music and carols along the Street all weekend.

Tues 26th Dec Mince Pie Specials, Keighley & Worth Valley Railway.

Tues 26th Dec Guided Walk Bronte Falls 11 am Meet outside Haworth Parish Church for this circular walk. 5 miles approx 2.5 hours please bring a packed lunch (difficult)

Thur 28th Dec Train rides for all the family. Miniature trains

running at Marley sports field approx. **12 noon until approx. 3:30 pm.** Steam and electric trains providing trips for all ages. Great family afternoon out. Refreshments available. www.kdmes.org.uk/ trains





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Martin Lingard

Sharing Platters with a Mutabal Dip

If you have quite a few guests over for a festive gathering, you may struggle to think of a starter that everyone likes. I solve this by putting together sharing platters that people can graze on before the big meal, helping themselves to as little or as much as they like. This way, I can cater for vegans, vegetarians, pescatarians, carnivores, allergies and faddy so and so's!

I like to support local independent traders so tend to buy ingredients from businesses such as Haworth Wholefoods and Pavé on Haworth Main Street.

The trick is to serve a selection of meat, cheese, preserved fish and vegetables like peppers, artichokes, olives and capers that will provide a mix of flavours, colours and textures, plus dips, fresh fruit and vegetables and flatbreads, crackers or breadsticks. The selection I offer here includes Manchego, Comte, Kirkhams Lancashire, a small crottin goats' cheese, sliced mortadella, prosciutto, coppa and salami plus some caper berries; all from Pavé. Personally, I avoid runny, smelly, or blue cheeses as a starter, saving those for after dinner!

I supplemented this with tinned baby octopus, anchovies and smoked sardines preserved in olive oil (admittedly not to everyone's taste but I like them), a tin of Perello brand Gordal olives, some jars of artichokes and peppers preserved in oil and my favourite rosemary torta biscuits, all from Haworth Wholefoods.

You can supplement this spread with carrot sticks,

grapes, radishes, celery sticks and rocket leaves. I always provide dips too, such as hummus, baba ghanoush or taramasalata which can all be bought pre made from most supermarkets. I made a simple Mutabal dip, which is similar to baba ghanoush, but with tahini added; here is the recipe:

Ingredients

- 1 large or 2 medium aubergines
- 2 tablespoons of tahini
- 1 medium to small red onion, finely chopped
- 1 tablespoon of lemon juice
- 4 fat cloves of garlic, finely chopped
- 2 tablespoons of Greek yoghurt
- 2 tablespoons of extra virgin olive oil
- 1 teaspoon of sea salt flakes

Method

Preheat your oven to 200C, when up to temperature, pierce the skin of your aubergine(s) with a small sharp knife several times, place on a baking tray and stick in the oven for 45 minutes or so, until the aubergines are very soft when pierced with a knife or skewer. The skin should be darkened and burnt in places. Remove from the oven and set aside to cool.

When cool enough to handle safely, slice off the stalk end, peel the skin and bin it, then place the remaining softened flesh into a large bowl. Chuck all your other ingredients into the bowl. Use a hand blender to process until it has a smooth, creamy consistency, transfer into a serving bowl and pour over a little more olive oil and serve. *Happy Christmas everyone! ~ Martin*

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BEHIND THE SCENES AT THE MUSEUM

If you've visited the Brontë Parsonage Museum in recent weeks, you may have noticed some unusual activity taking place in the Exhibition Room. One of the larger items on display has undergone several weeks of restoration under the expert care of conservator David Everingham, and his colleague Alison Aynsworth (pictured). Visitors have been able to watch David and Alison in action as they carefully restore a



large cupboard linked to 'Jane Eyre', known as the 'Apostles' Cupboard' owing to its housing 12 individual paintings of the Apostles, over the last few weeks. It's been great to have David and Alison on-site to answer visitors' questions, generously sharing insight on the paintings, the process and what exciting discoveries have been revealed.

David and Alison work with a method called 'unpacking' which involves carefully removing unwanted layers from a painting, revealing the original work unencumbered. The first layer to be removed typically comprises a thick coat of grime and dirt built up over time. This is removed using a water-based solution and sensitive cleaning tools. The second layer to be removed is a yellow varnish, which would have been applied long after the paintings, and the cupboard, were originally completed. This was presumably to protect the cupboard as an item of furniture, as opposed to the paintings themselves. The only way to remove the varnish is with a solvent which, David tells us, is the really nervy bit!

The conservators' knowledge of paints, solvents, and how they behave together, means they were able to remove this layer without damaging the paint beneath, and the results truly are astonishing. The process has revealed vivid colours and details in the panels that were previously hidden to the naked eye, such as lettering revealing the names of the Apostles depicted in the paintings. Work

is now underway to piece together the clues this work has revealed, hopefully bring to light more of the story behind this popular item.

But what connects the cupboard with 'Jane Eyre'? Before it was acquired by the Museum, the cupboard belonged to Thomas Eyre of Hathersage in

Derbyshire. It is thought that Charlotte Brontë saw this cupboard when visiting Mr. Eyre in 1845, a year before writing the novel. Not only is there an obvious link in the 'Eyre' name, but Charlotte also graphically describes the cupboard in a scene in the novel, when Jane is attending to wounds inflicted on Richard Mason! If you find yourself with an hour to spare over the festive period, do come and see the cupboard in its renewed glory, perhaps with the image from 'Jane Eyre' in mind... *Local to the Museum? Residents living in BD20, BD21 and BD22 are eligible for a Local Resident admission rate of £7.50 with proof of address. Tickets are valid for 12 months after issue, meaning you can continue to return and enjoy the Museum as exhibits change throughout the year. bronte.org.uk*



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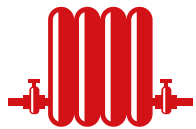


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